



INCULCATING GOOD READING HABITS IN CHILDREN FROM A YOUNG AGE

“Reading is important. If you know how to read, then the whole world opens up to you”

— **Obama**

“Reading is a man’s bulwark against loneliness- his window on life, his unending delight. It brings yesterday and tomorrow into now”. Reading provides experience through which the individual may expand his horizons of knowledge, identify, extend and intensify his interest. The possession of good reading skills is therefore a key towards accessing information and deciphering meaning out of texts and for the development of good reading skills and habits, learners should be exposed to reading at a young age.

One of the key ingredients of making reading fun and enjoyable is giving kids access to various genres and formats of books to explore and choose from. When selecting a book their preferences should be taken into account. By making their own selection, they will be motivated to read what interests them. Many families do have this tradition where the parents read their kids to sleep. Promote the habit of summarising the book, or expressing their views and opinions on what they have read. It strengthens both language skills and fluency. Establishing a dedicated reading area will encourage children to remain seated in one spot and dedicate time to reading books.

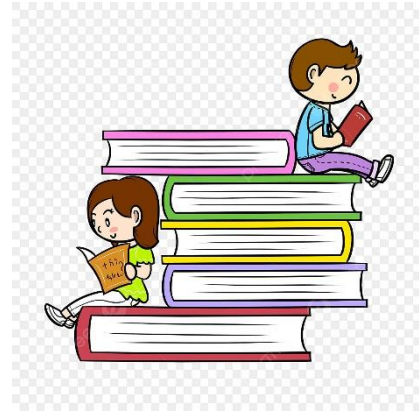
Being an enthusiastic reader is acknowledged as a predictor of academic success and serves as a driving force for individuals to embrace lifelong learning. Promoting literacy in children from the earliest stages of development confers profound and enduring benefits, underscoring the critical importance of engaging with literature even during prenatal stages. The advantages of cultivating a reading habit in early childhood are multifaceted, enriching young minds by sparking creativity, honing social skills, broadening global perspectives, and nurturing cultural empathy. At home, creating small libraries where children can select books to enjoy could help in reducing their screen time also. Despite their limited vocabulary, young children exhibit remarkable receptivity, akin to a sponge-like capacity, absorbing the nuances of their environment and laying crucial cognitive foundations.

The warmth of books will take to a destination called happiness, which will definitely come through on this path. When one is young, the family, the peer group, schools, teachers and elders become a reference. Their habits and responses to different situations intensely affect their tender mind. Therefore, let’s serve as role models to instil positive reading habits in them.



To all young readers –

Let's start a trend,
Where books we lend
Together we travel the world,
riding on the words
Through the pages
We will span ages
Drenching in rain of knowledge
Let's drag us with full heart and soul,
Concluding a journey from
Unknown to known.



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